

# Stiftelsen Silviahemmet

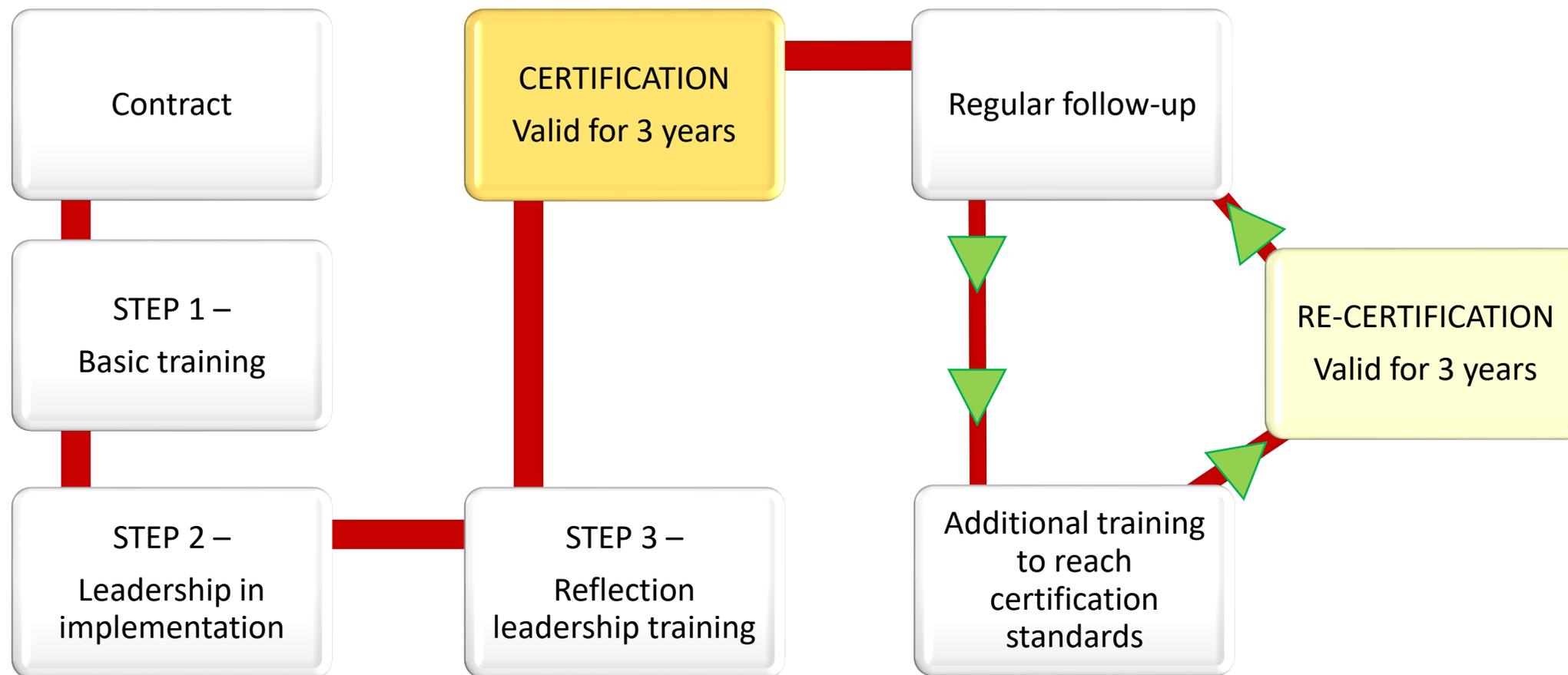
Dementia care for quality of life





# Option 1: Silviahemmet Certification

all steps of education on site



# Step 1 – Basic training, on-site

for *ALL* staff members, including all nursing staff, doctors, management, janitor, kitchen and cleaning staff etc.



## Day 1

- Silviahemmet care philosophy
- Structure and function of the brain
- normal aging
- cognitive assessment
- cognitive disease/dementia

## Day 2

- communication
- care environment
- BPSD
- Vision Zero
- food, nutrition, and eating environment

## Day 3

- existential needs
- end-of-life palliative care
- ethics
- teamwork
- family support



## Step 2 – Leadership in implementation, on-site

for all staff members with *any type of leadership role*, e.g. managers, team leaders etc.

*Before entering Step 2 training, participants must have completed Step 1 training.*

- leadership
- teamwork
- implementation
- systematic models for quality improvement
- Implementation of the Vision Zero care model

# Step 3 – Reflection leadership training, on-site

for a minimum of 2 staff members per unit/ward



*Before entering Step 2 training, participants must have completed Step 1 training.*

## **Day 1**

- what is reflection
- why should we reflect
- what can we reflect on
- the role of the reflection leader
- reflection models and tools
- reflection session practice

## **Day 2**

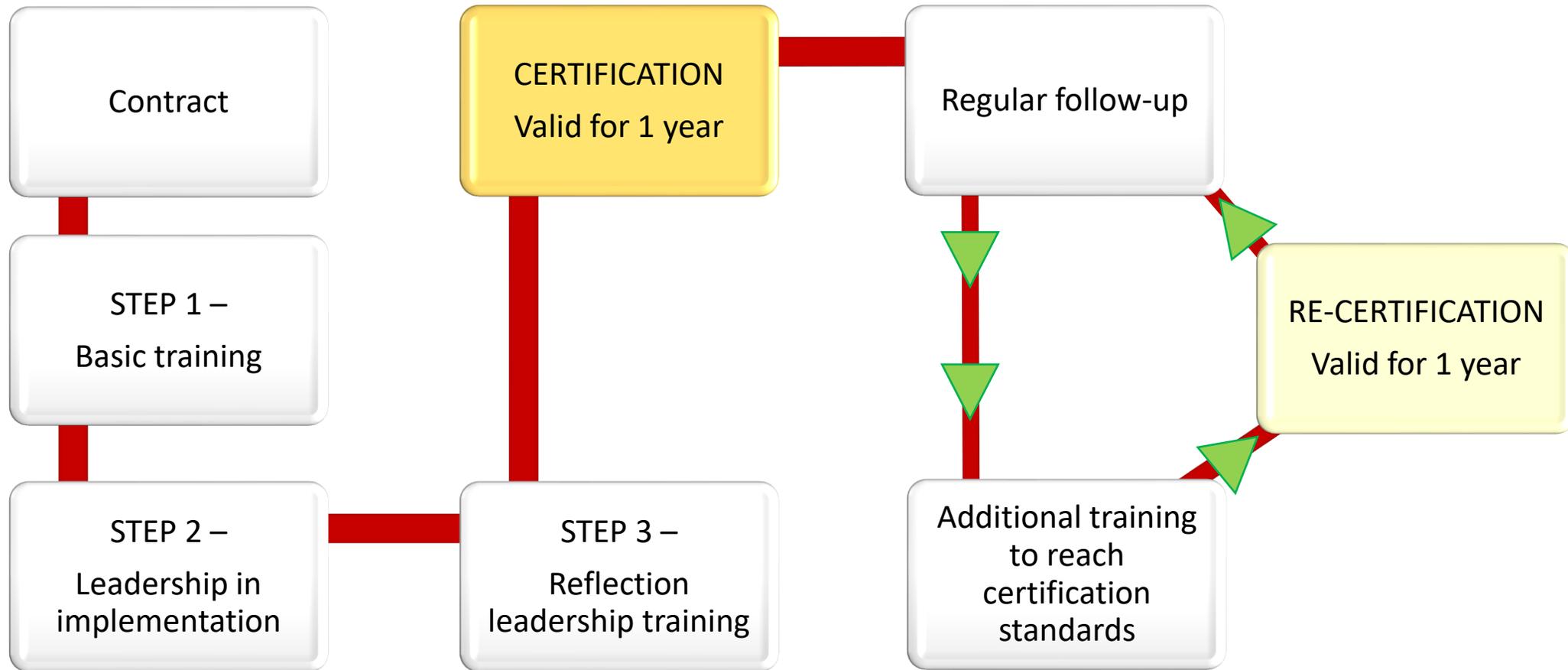
- reflection meeting contract
- responsibilities of participants
- practical advice
- reflection session practice
- homework assignment

## **Day 3** (follow-up 1 month after day 2)

- homework report presentation
- practical questions
- review of reflection models and reflection tools

# Option 2: Silviahemmet E+ Certification

Step 1 online, Step 2 and 3 on site





# Step 1 – Basic training, online

for ALL staff members, including all nursing staff, management, janitor, kitchen and cleaning staff, and more

Silviahemmet e-learning program, 10 modules, approx. 7-9 hours in total. Personal licenses valid for 3 months so that the participants can complete their training in shorter sessions

- The Silviahemmet Care Philosophy
- Gerontology, geriatrics and dementia
- Symptoms in dementia
- Communication and relationships
- Environment and dementia
- Food and eating
- Behavioural and psychological symptoms in dementia
- Being an informal caregiver
- Sexuality and relationships
- End of life and terminal care



## Step 2 – Leadership in implementation, on-site

for all staff members with *any type of leadership role*, e.g. managers, team leaders etc.

*Before entering Step 2 training, participants must have completed Step 1 training.*

- leadership
- teamwork
- implementation
- systematic models for quality improvement
- Implementation of the Vision Zero care model

# Step 3 – Reflection leadership training, on-site

for a minimum of 2 staff members per unit/ward



*Before entering Step 2 training, participants must have completed Step 1 training.*

## Day 1

- what is reflection
- why should we reflect
- what can we reflect on
- the role of the reflection leader
- reflection models and tools
- reflection session practice

## Day 2

- reflection meeting contract
- responsibilities of participants
- practical advice
- reflection session practice
- homework assignment

## Day 3 (follow-up 1 month after day 2)

- homework report presentation
- practical questions
- review of reflection models and reflection tools